

Free Dementia Caregiver Respite

Respite offers you a break from your caregiving responsibilities while providing social engagement and meaningful activities for your loved one.*

Buffalo

2nd Saturday, 10:30 am – 2:30 pm Grace
Lutheran Evangelical Church 174
Cazenovia St., Buffalo 14210 Contact:
Penny Paschka 716-674-2958

2nd Friday, 10 am – 2 pm
Metropolitan United Methodist Church
657 Best St., Buffalo
Contact: Lynelle Reed 716-891-5652

Derby

1st Thursday, 10:30 am – 2:30 pm
First Church of Evans
7431 Erie Rd. Derby 14047
Contact: Debby Waddell 716-549-0908

East Aurora

4th Wednesday 10:30 am - 2:30
Baker Memorial United Methodist Church
345 Main St., East Aurora
Contact: Michele Engasser 716-652-0500

Eden

3rd Wednesday, 10:30 am - 2:30 pm
EdenUnited Methodist Church
2820 East Church St., Eden
Contact: Kevin Karstedt 716-984-5130

Grand Island

2nd Wednesday, 1:30 – 4:30 pm
Golden Age Center
3278 Whitehaven Rd., Grand Island
Contact: Jennifer Menter 716-773-9682

Hamburg

2nd Wednesday, 10:30 am - 2:30 pm
Hamburg United Methodist Church
116 Union St., Hamburg
Contact: Lisa Rood 716-941-5703

Holland

1st Thursday, 10:30 am – 2:30 pm
Holland United Methodist Church
11699 Partridge Rd., Holland
Contact: Cindy Cassavino 716-388-3150

Kenmore

4th Wednesday, 10:30am -2:30 pm
Kenmore United Methodist Church
32 Landers Rd. Kenmore, NY 14217
Coordinator: Michelle Spencer 716-875-5091

1st Tuesday, 11:00 am - 3:00pm
St. John the Baptist RC Church
1085 Englewood Avenue, Kenmore
Contact: Mary Elias 716-874-0672

Orchard Park

3rd Tuesday, 10:30am-2:30pm
St John's Lutheran Church
4536 South Buffalo St. Orchard Park, NY 14127
Contact: Jan Rickard 716-290-7060
Jan: janice.rickard@yahoo.com

1st Wednesday, 10:30 am-2:30pm (Drop off loved one) 3rd
Wednesday , 10:30am-2:30pm (Caregiver and loved one
attend together)
Southtowns Family YMCA
1620 Southwestern Blvd., West Seneca
Contact: Sue Kincaid 716-674-9622 x143
<https://www.ymcabn.org/encourage>

Springville

1st Wednesday, 10:30am – 2:30 pm
First United Methodist Church
474 East Main St., Springville
Contact: Barb Blesy 716-592-7451

*These respite sites may have eligibility requirements and require pre-registration.
{19} Contact each individual listing for further details.