Family Caregivers: Do you care for a family member with dementia?

Would you like to do errands, exercise, shop, attend YOUR doctor appointment, have lunch with a friend, or just RELAX?



There are many Social "Respite" Programs in Erie County available at **NO CHARGE!**
Trained volunteers provide fun, one-on-one, stimulating, supervised activities including games, crafts, pet therapy, gentle exercise, music/singing and lunch or snacks for your loved one while you take a much deserved break. **ALL** are welcome!

1st Wednesday, 10:30am – 2:30 pm
First United Methodist Church
474 East Main St., Springville
Contact: Barb Blesy 716-435-5400

2nd Wednesday, 10:30 am - 2:30 pm
Hamburg United Methodist Church
116 Union St., Hamburg
Contact: Lisa Rood 716-941-5703

3rd Wednesday, 10:30 am - 2:30 pm
Eden United Methodist Church
2820 East Church St., Eden
Contact: Kevin Karstedt 716-992-2248

4th Wed. & 2nd Thurs., 10:30 am - 2:30
Baker Memorial United Methodist Church
345 Main St., East Aurora
Contact: Michele Engasser 716-652-0500

3rd Thursday, 10:30 am – 2:30 pm
St. David's Episcopal Church
3951 Seneca St, West Seneca
Contact: Annie Francowiak 716-674-4670

1st Thursday, 10:30 am – 2:30 pm
Holland United Methodist Church
11699 Partridge Rd., Holland
Contact: Cindy Cassavino 716-388-3150

1st Wednesday, 11 am - 3 pm
Southtowns Family YMCA
1620 S. Western Blvd., West Seneca 14224
Contact: Marla Walker 716-674-9622 ext. 138

2nd Saturday, 10:30 am – 2:30 pm
Grace Lutheran Evangelical Church
174 Cazenovia St., Buffalo 14210
Contact: Susan Swanson 716-992-3814

1st Tuesday, 11:30 am - 3:30pm
St. John the Baptist RC Church
1085 Englewood Avenue, Kenmore
Contact: Mary Elias 716-874-0672

2nd Friday, 10 am – 2 pm
Metropolitan United Methodist Church
657 Best St., Buffalo
Contact: Lynelle Reed 716-891-5652

1st Wednesday, 10:30 am - 2:30 pm
Trinity Old Lutheran Church
3445 Sheridan Dr., Amherst
Contact: Jan or Paulette 716-836-4868

1st Saturday, 11am – 2 pm
St. Gregory the Great RC Church
200 St. Gregory Ct., Williamsville
Contact: Lee Zach 716-688-5678 ext. 339

3rd Monday, 4:30 pm – 7:30 pm
Clarence Senior Center
4600 Thompson Rd., Clarence
Contact: Deb Sabbatis 716-633-5138

3rd Tuesday, 10:30 am – 2:30 pm
1st Presbyterian Church
149 Broad St., Tonawanda
Contact: Kathy Greenawalt 716-692-1319

4th Wednesday, 1:30 – 5:30 pm
Golden Age Center
3278 Whitehaven Rd., Grand Island
Contact: Jennifer Menter 716-773-9682

2nd Tuesday, 10 am – 2 pm
Asbury United Methodist Church
850 Dodge Rd., Getzville
Contact: Pat Hair 716-580-3861 or asburyangels@gmail.com

3rd Thursday, 11 am – 3 pm
Lincoln Memorial United Methodist Church
641 Masten Ave., Buffalo 14209
Contact: Hazel Wilkins 716-833-3847

2nd Thursday, 10:30 am – 2:30 pm
First Church of Evans
7431 Erie Rd. Derby 14047
Contact: Debby Waddell 716-549-0908

2nd Tuesday, 10 am – 2 pm
Orchard Park Presbyterian Church
4369 S. Buffalo St., Orchard Park
Contact: Sherry Pomeroy 716-662-9348 ext. 309

1st Monday, 10:30 am – 2:30 pm
Gowanda United Methodist Church
30 North Chapel St., Gowanda
Contact: Terry Gabel 716-462-2367

Sponsored by Erie County Senior Services, DOH; volunteers are trained by the Alzheimer's Association.
Please call the contact person for each program to register or for more information.
ALL are welcome to participate in any or all the programs.