



ELIMINATING FALL-TY HABITS TOGETHER!



A MATTER OF BALANCE

A falls prevention class

**Every Thursday -
September 25-November 13**

1:00pm-3:00pm

*at Town of Aurora Senior Center
101 King St. Suit A East Aurora 14052*

**Join us to learn about tools to stay
safe, confident, and independent.**

BOOK YOUR SPOT NOW

Contact front Desk
716-652-7934

Program brought to you by:
Erie County Department for the Aging
716-858-8526
Erie.gov/aging
Jennifer.chowdhury@erie.gov