



Erie County Stay Fit Dining Program Menu



March

2026



Monday	Tuesday	Wednesday	Thursday	Friday
2 Breaded Chicken Cutlet with Herb Gravy Scalloped Potatoes Broccoli Florets Wheat Bread Fudge Round (820)	3 Hearty Beef Stew Mashed Potatoes Green Peas Dinner Roll Chocolate Pudding (747)	4 Lower Sodium Baked Ham with Maple Glaze Sweet Potatoes Lima Bean Bake Rye Bread Pineapple Tidbits (619)	5 Entrée Salad Chicken Caesar Salad with Caesar Dressing Dinner Roll Fresh Orange <i>Chocolate Milk</i> (805)	6 Soup & Salad Broccoli Cheddar Soup Carrots Apple Juice Chef Salad with Dressing Corn Muffin Fruit Cocktail (805)
9 Hearty Turkey Stew Garlic Mashed Potatoes Green Beans Dinner Roll Lorna Doones (613)	10 Meatballs with Sweet Chili Sauce over White Rice Broccoli Florets Carrots Strawberry Gelatin (613)	11 Tortellini with Diced Chicken & Red Pepper Cream Sauce California Blend Vegetables Grape Juice Chef Salad with Dressing Italian Bread Fresh Banana (691)	12 Roast Pork Loin with Warm Cinnamon Apples Sweet Potatoes Brussels Sprouts Dinner Roll Oatmeal Cookies (763)	13 Omelet with Pepper & Onion Cheese Sauce Rosemary-seasoned Potatoes Mixed Vegetables Wheat Bread Pineapple Tidbits <i>Chocolate Milk</i> (664)
16 Pork Ribette with BBQ Sauce on a Bun Duchess Potatoes Green Peas Sugar Cookies (980)	17 St. Patrick's Day Meal Corned Beef with Cabbage Buttered Potatoes Carrots Deli Rye Bread Lime Sherbet (655)	18 Breaded Chicken Cutlet with Herb Gravy Mashed Sweet Potatoes Green Beans Wheat Dinner Roll Butterscotch Pudding (750)	19 Italian Sausage with Tomato Sauce on a Bun Corn Spinach Tropical Fruit <i>Chocolate Milk</i> (608)	20 Welcome Spring! Lasagna Roll with Primavera Cream Sauce Broccoli Florets Chef Salad with Garbanzo Beans & Dressing Dinner Roll Lemon Meringue Pie (874)
23 Chicken Vegetable Casserole Mashed Potatoes Green Beans Dinner Roll Applesauce (548)	24 Chili con Carne with Cheddar Apple Juice Carrots Corn Muffin Chef Salad with Dressing Fresh Banana (912)	25 Roasted Turkey with Stuffing, Gravy & Cranberry Sauce Mashed Butternut Squash Cauliflower Lorna Doones (621)	26 Polish Sausage with Sauerkraut & Mustard on a Bun Scalloped Potatoes Peas with Red Peppers Fruit Cocktail <i>Chocolate Milk</i> (833)	27 Spanish Omelet Cheesy Diced Potatoes Broccoli Florets Wheat Bread Tropical Fruit (631)
30 Turkey a la King Mashed Sweet Potatoes Green Beans Warm Biscuit Chocolate Pudding (681)	31 Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Peas Italian Bread Fresh Orange <i>Chocolate Milk</i> (717)	1 Easter Luncheon Chicken Cordon Bleu with Herb Gravy Rosemary-seasoned Potatoes Vegetable Medley Chef Salad with Dressing Dinner Roll Coconut Cream Pie (1098)	2 Polynesian Chicken Stew over White Rice Carrots Broccoli Florets Sugar Cookies (631)	3 No Meals Served