



## Twin District EMT Course Schedule Fall 2026

**Course Name:** EMT Original/Refresher **Course Number:** Pending  
**Location:** Twin District Vol. Fire Company 4999 William Street Lancaster NY 14086  
**Days:** Tuesday, Thursdays, & Saturday  
**Course Times:** Tue/Thurs 18:30 to 22:30, Saturday 09:00 to 13:00 and 09:00 to 17:00  
**Start Date:** 9/1/26 **End of Course Date:** 12/17/26  
**Lead Instructor:** Jeffrey L. Zgoda Jzgod@Twindistrict.com  
**Co- Instructor:** Michael Hyde Mhyde@Twindistrict.com  
**Course Sponsor Administrator:** Gregory Gill [gregory.gill@erie.gov](mailto:gregory.gill@erie.gov)  
**Medical Director:** Dr. Kevin McGee  
**Course Sponsor:** Erie County Health Department Emergency Medical Services Division (03012)  
**EMT Website:** <https://www3.erie.gov/ems/emergency-medical-technician-program>

Course	Session	Date	Topics/Lectures	Skills/Activities
<b>Orientation</b>	1	9/1/26	Orientation PowerPoint	<ul style="list-style-type: none"> <li>• Complete NYS Forms DOH-65 &amp; DOH-3312</li> <li>• Erie County Health Screening Form</li> <li>• Verification of Professional Liability Insurance or Form</li> <li>• Verification of Health Insurance or Form</li> <li>• Navigate Set Up</li> <li>• Platinum Planner Set Up</li> <li>• Course Policy Acknowledgement</li> <li>• IS-100 Certificate Due</li> <li>• IS-700 Certificate Due</li> <li>• Hazmat Certificate Due</li> </ul>
	N/A	9/12/26	Refresher Student Challenge Exam	<ul style="list-style-type: none"> <li>• Written Challenge Exam</li> <li>• Practical Skills Challenge Exam</li> </ul>
<b>Preparatory</b>	2	9/3/26	EMS Systems (Chapter 1) Workforce Safety and Wellness (Chapter 2)	<ul style="list-style-type: none"> <li>• Review NYS EMS Organizational Structure</li> <li>• Review &amp; Discuss EMS Research Paper</li> <li>• Breath the Box relaxation technique</li> </ul>



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	3	9/8/26	Medical, Legal, and Ethical Issues (Chapter 3) Medical Terminology (Chapter 5)	<ul style="list-style-type: none"> <li>• Patient Scenarios involving consent, DNR, &amp; MOLST</li> <li>• Present and review the NYS EMS Protocols and download the Muru app</li> <li>• Medical Terminology Kahoots &amp; Worksheet</li> </ul>
	4	9/10/26	Medical Terminology Communication & Documentation (Chapter 4)	<ul style="list-style-type: none"> <li>• MIST Report Practice</li> <li>• Platinum Planner ePCR demo &amp; PCR writing activity</li> <li>• Silent Communication Activity</li> <li>• Medical Terminology Activity</li> </ul>
	5	9/15/26	Lifting and Moving Patients (Chapter 8)	<ul style="list-style-type: none"> <li>• Ambulance Demonstration</li> <li>• Sheet Lift/Slide</li> <li>• Stair Chair</li> <li>• Mega mover</li> <li>• Stretcher</li> <li>• Backboarding and carrying</li> <li>• Sheet Drag</li> <li>• Power Lift</li> <li>• Diamond Carry</li> <li>• Loading a stretcher into an ambulance</li> <li>• Rapid Extrication Technique</li> <li>• Direct Ground Lift</li> <li>• Scoop Stretcher</li> <li>• Logrolling</li> </ul>
	6	9/19/26	Preparatory Review Skill Practice	<ul style="list-style-type: none"> <li>• Preparatory Exam Review</li> <li>• Mask fit testing</li> <li>• Medical Terminology Practice</li> <li>• Don/Doff gloves and gear</li> <li>• Additional Skills Practice</li> </ul>
The Human Body/ Shock & Resuscitation	7	9/19/26	AHA BLS Provider CPR Course DOAs & Termination of Resuscitation (Chapter 14)	<ul style="list-style-type: none"> <li>• Adult CPR</li> <li>• Child CPR</li> <li>• Infant CPR</li> <li>• AED Use</li> <li>• Perform FBAO Adult</li> <li>• Perform FBAO Infant</li> <li>• Megacode Team Dynamics</li> <li>• <b>AHA BLS CPR Examination</b></li> </ul>
	8	9/22/26	Anatomy & Physiology (Chapter 6)	<ul style="list-style-type: none"> <li>• Quizlet Activities</li> <li>• Labeling Activities</li> <li>• <b>Preparatory Unit Exam</b></li> </ul>



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	9	9/24/26	Shock (Chapter 13)	<ul style="list-style-type: none"> <li>• Quizlet Activities</li> </ul>
Patient Assessment	10	9/29/26	Scene Size Up (Chapter 10) Primary Assessment (Chapter 10) History Taking (Chapter 10)	<ul style="list-style-type: none"> <li>• <b>The Human Body &amp; Shock Exam</b></li> <li>• Scene Size Up Practice</li> <li>• Primary Assessment Practice</li> <li>• Patient Interview Practice</li> </ul>
	11	10/1/26	Secondary Assessment-Physical Exam (Chapter 10) Vitals Signs & Monitoring Devices (Chapter 10) Reassessment (Chapter 10)	<ul style="list-style-type: none"> <li>• Physical Exam Practice</li> <li>• Temperature</li> <li>• Blood Glucose Monitoring</li> <li>• Vital Signs Practice</li> <li>• GCS</li> <li>• Pulse Ox</li> <li>• Reassessment Practice</li> </ul>
	12	10/3/26	Patient Assessment Lab	<ul style="list-style-type: none"> <li>• Patient Assessment Practice</li> <li>• Patient Assessment Exam Review</li> <li>• <b>Patient Assessment Skill Testing</b></li> </ul>
Pharmacology	13	10/3/26	Principles of Pharmacology (Chapter 12)	<ul style="list-style-type: none"> <li>• Quizlet Activity on Pharmacology Terms</li> <li>• Notesheet Activity on EMT Medications</li> <li>• Worksheet Activity on common patient medications</li> </ul>
	14	10/6/26	Pharmacology Lab	<ul style="list-style-type: none"> <li>• Oral Medication Administration</li> <li>• SL Administration</li> <li>• Auto Injectors</li> <li>• Nebulizers</li> <li>• IM Administration</li> <li>• IN Administration</li> <li>• 6 Rights Practice</li> <li>• IV Fluid Set Up</li> <li>• <b>Patient Assessment Unit Exam</b></li> </ul>
	15	10/8/26	Pharmacology Lab	<ul style="list-style-type: none"> <li>• Pharmacology Unit Exam Review</li> <li>• Pharmacology Skills Test</li> <li>• Additional Skills Practice</li> </ul>
Airway & Respiratory Management	16	10/13/26	Airway Management (Chapter 11)	<ul style="list-style-type: none"> <li>• OPA Insertion</li> <li>• NPA Insertion</li> <li>• Oral &amp; Nasal Suctioning</li> <li>• Capnography</li> <li>• SGA insertion</li> </ul>



Course	Session	Date	Topics/Lectures	Skills/Activities
	17	10/15/26	Respiratory and Ventilatory Management (Chapter 11)	<ul style="list-style-type: none"> <li>• <b>Pharmacology Unit Exam</b></li> <li>• NRB</li> <li>• Nasal Cannula</li> <li>• Oxygen Cylinder</li> <li>• Adult BVM</li> <li>• CPAP</li> </ul>
	18	10/17/26	Airway and Respiratory Management Lab	<ul style="list-style-type: none"> <li>• OPA Insertion</li> <li>• NPA Insertion</li> <li>• Oral &amp; Nasal Suctioning</li> <li>• Capnography</li> <li>• SGA insertion</li> <li>• NRB</li> <li>• Nasal Cannula</li> <li>• Oxygen Cylinder</li> <li>• Adult BVM</li> <li>• CPAP</li> <li>• Airway and Respiratory Management Unit Exam Review</li> </ul>
	19	10/20/26	Airway and Respiratory Management Lab	<ul style="list-style-type: none"> <li>• <b>Airway and Respiratory Management Unit Exam</b></li> <li>• <b>Airway and Respiratory Management Skills Exam</b></li> <li>• <b>Clinical Start Date</b></li> </ul>
<b>Medical Emergencies</b>	20	10/22/26	Respiratory Emergencies (Chapter 16) Infectious Diseases (Chapter 15)	<ul style="list-style-type: none"> <li>• Medical Patient Assessment Practice</li> <li>• Quizlet Activity on Infectious Diseases</li> </ul>
	21	10/24/26	Cardiovascular Emergencies (Chapter 17)	<ul style="list-style-type: none"> <li>• Medical Patient Assessment Practice</li> <li>• BLS 12 Lead Application</li> <li>• <b>Midterm Exam</b></li> </ul>
	22	10/24/26	Neurologic Emergencies (Chapter 18) Immunology (Chapter 21)	<ul style="list-style-type: none"> <li>• Medical Patient Assessment Practice</li> <li>• Cincinnati, BEFAST, &amp; FASTED Stroke Scale Practice</li> </ul>
	23	10/27/26	Gastrointestinal and Urologic Emergencies (Chapter 19) Endocrine and Hematologic Emergencies (Chapter 20)	<ul style="list-style-type: none"> <li>• Medical Patient Assessment Practice</li> </ul>
	24	10/29/26	Toxicology (Chapter 22) Behavioral Emergencies (Chapter 23)	<ul style="list-style-type: none"> <li>• Pill Counting Activity</li> <li>• Medical Patient Assessment Practice</li> <li>• De-escalation Technique Practice</li> <li>• Restraint Techniques Practice</li> </ul>



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	25	11/3/26	Patient Assessment Lab	<ul style="list-style-type: none"> <li>• Medical Patient Assessment Practice</li> <li>• Medical Emergencies Unit Exam Review</li> </ul>
Trauma Emergencies	26	11/5/26	Trauma Overview (Chapter 25)	<ul style="list-style-type: none"> <li>• Photo Activity for MOI</li> <li>• Field Triage of Injured Patients Guidelines</li> <li>• <b>Medical Patient Assessment Unit Exam</b></li> <li>• <b>Medical Patient Assessment Skills Exam</b></li> </ul>
	27	11/7/26	Bleeding (Chapter 26) Soft-Tissue Injuries (Chapter 27)	<ul style="list-style-type: none"> <li>• Direct Pressure</li> <li>• Pressure Dressing</li> <li>• Tourniquet Application</li> <li>• Wound Packing</li> <li>• Trauma Patient Assessment</li> <li>• Stabilize Impaled Object</li> <li>• Injury Picture Activity</li> <li>• Burn % Math Activity</li> </ul>
	28	11/7/26	Head and Spine Injuries (Chapter 29) Face and Neck Injuries (Chapter 28)	<ul style="list-style-type: none"> <li>• Trauma Patient Assessment Practice</li> <li>• Helmet Removal</li> <li>• C-Collar Application</li> <li>• Spinal Motion Restriction</li> <li>• Controlling Nose Bleeds</li> </ul>
	29	11/10/26	Chest Injuries (Chapter 30) Abdominal & Genitourinary Injuries (Chapter 31)	<ul style="list-style-type: none"> <li>• Chest Seal</li> <li>• Trauma Patient Assessment Practice</li> <li>• Evisceration Management</li> </ul>
	30	11/12/26	Orthopaedic Injuries (Chapter 32)	<ul style="list-style-type: none"> <li>• Trauma Patient Assessment Practice</li> <li>• Long Bone Splinting</li> <li>• Joint Splinting</li> <li>• Pelvic Splinting</li> <li>• Traction Splinting</li> <li>• Patella Relocation</li> </ul>
	31	11/17/26	Environmental Health Emergencies (Chapter 33)	<ul style="list-style-type: none"> <li>• Trauma Patient Assessment Practice</li> </ul>
	32	11/19/26	Trauma Patient Assessment Lab	<ul style="list-style-type: none"> <li>• Trauma Patient Assessment Practice</li> <li>• Splinting Practice</li> <li>• Bleeding Control Practice</li> <li>• <b>Bleeding Control Skill Exam</b></li> <li>• <b>Splinting Skill Exam</b></li> <li>• Trauma Unit Exam Review</li> </ul>



Course	Session	Date	Topics/Lectures	Skills/Activities
Special Patient Population	33	11/21/26	Geriatrics (Chapter 36)	<ul style="list-style-type: none"> <li>• Trauma Unit Exam</li> <li>• Trauma Patient Assessment Exam</li> </ul>
	34	11/21/26	Gynecologic Emergencies (Chapter 24) Obstetrics and Neonatal Care (Chapter 34)	<ul style="list-style-type: none"> <li>• Medical Patient Assessment Practice</li> </ul>
	35	11/24/26	Pediatric Emergencies (Chapter 35) Life Span Development (Chapter 7) COMPLETED ONLINE	<ul style="list-style-type: none"> <li>• Chapter 7 Interactive Chapter Assignment Due Date</li> </ul>
	36	12/1/26	Patient with Special Challenges (Chapter 37) Pediatric & OB Lab	<ul style="list-style-type: none"> <li>• Special Patient Population Unit Exam Review</li> <li>• Pediatric Assessment</li> <li>• Normal Delivery</li> <li>• Complicated Delivery</li> <li>• Neonate Care</li> <li>• APGAR</li> </ul>
Operations	37	12/3/26	Transport Operations (Chapter 38) Vehicle Extrication and Special Rescue (Chapter 39)	<ul style="list-style-type: none"> <li>• Special Patient Population Unit Exam</li> </ul>
	38	12/5/26	Incident Management (Chapter 40) COMPLETED ONLINE Terrorism Response & Disaster (Chapter 41) COMPLETED ONLINE ICS & Hazmat Review Operations Lab	<ul style="list-style-type: none"> <li>• Chapter 40 and 41 Interactive Chapter Due Date</li> <li>• ERG Activity</li> <li>• MCI Activity</li> <li>• START Triage</li> <li>• Operations Unit Exam Review</li> </ul>
Summative Assessment	39	12/5/26	Megacode Practice	<ul style="list-style-type: none"> <li>• Operations Unit Exam</li> <li>• Megacode Practice</li> <li>• EMT Final Review</li> </ul>
	40	12/8/26	Megacode Exam	<ul style="list-style-type: none"> <li>• EMT Final Exam</li> <li>• Megacode Exam</li> </ul>
	41	11/20/26	NYS EMT Practical Skills Exam Review	<ul style="list-style-type: none"> <li>• NYS EMT Practical Skills Exam Review</li> </ul>
	N/A	12/12/26	Practical Skills Exam	<ul style="list-style-type: none"> <li>• Practical Skills Exam</li> </ul>
	N/A	12/13/26	Practical Skills Exam Retest	<ul style="list-style-type: none"> <li>• Practical Skills Exam Retest</li> </ul>
	N/A	TBD	Graduation Ceremony	<ul style="list-style-type: none"> <li>• Graduation Ceremony</li> </ul>



**Textbooks:**

- Emergency Care and Transportation of the Sick and Injured 12th Edition
- AHA BLS Provider Manual 2025 Standards

**Pre-requisite  
Training:**

- IS-100 Certification
- IS-700 Certification
- HAZWOPER Training Certificate
- Please visit our website to view all other program information related to pre-requisites