

ERIE GROWN JULY NEWSLETTER

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What's in Season?

This is the time of year when fresh fruits and vegetables are widely available from Erie County farms. In the coming weeks, strawberries, raspberries, and blueberries are all in season, offering a short window when they can be found fresh and locally grown at the same time. As the season progresses, corn will soon be “knee-high by the Fourth of July,” with peak sweet corn availability arriving in August.

Residents can find seasonal produce at farm stands, farmers markets, and u-pick farms across the County. To locate nearby growers, visit [Erie Grown](#) and search by type of produce to find local farms and markets.

The following fruits and vegetables are typically in season in Erie County during July:

- Apples
 - Beet Greens
 - Beets
 - Blueberries
 - Broccoli
 - Brussel Sprouts
 - Cabbage
 - Cantaloupe
- Carrots
 - Collard Greens
 - Garlic
 - Green Beans
 - Lettuce
 - Mustard Greens
 - Onions
 - Peaches
- Peas
 - Peppers
 - Plums
 - Potatoes
 - Radishes
 - Raspberries
 - Snap Beans
 - Spinach
- Strawberries
 - Summer Squash
 - Sweet Cherries
 - Swiss Chard
 - Tart Cherries
 - Tomatoes
 - Turnip Greens
 - Zucchini

[VISIT ERIE GROWN](#)

Seasonal Produce Highlight

Did you know that July is National Blueberry Month? Blueberries are a nutrient-dense fruit, providing fiber, vitamin C, vitamin K, manganese, and potassium, while being low in sodium and fat-free.

Blueberries are at their peak in July across Erie County, making this one of the best times of year to enjoy them locally.

When selecting blueberries, look for berries with smooth, unbroken skin and a deep blue to nearly black color with a natural dusty coating. Store unwashed in the refrigerator and rinse just before eating. For best flavor, serve at room temperature.

[FIND LOCAL BLUEBERRIES](#)



U-Pick Farms

Visiting a U-pick farm is a staple of summer in Erie County. U-pick farms typically charge by the pound or by container and allow visitors to harvest fresh produce and flowers directly from the fields. It's always best to confirm a location is open before visiting because availability is often limited.

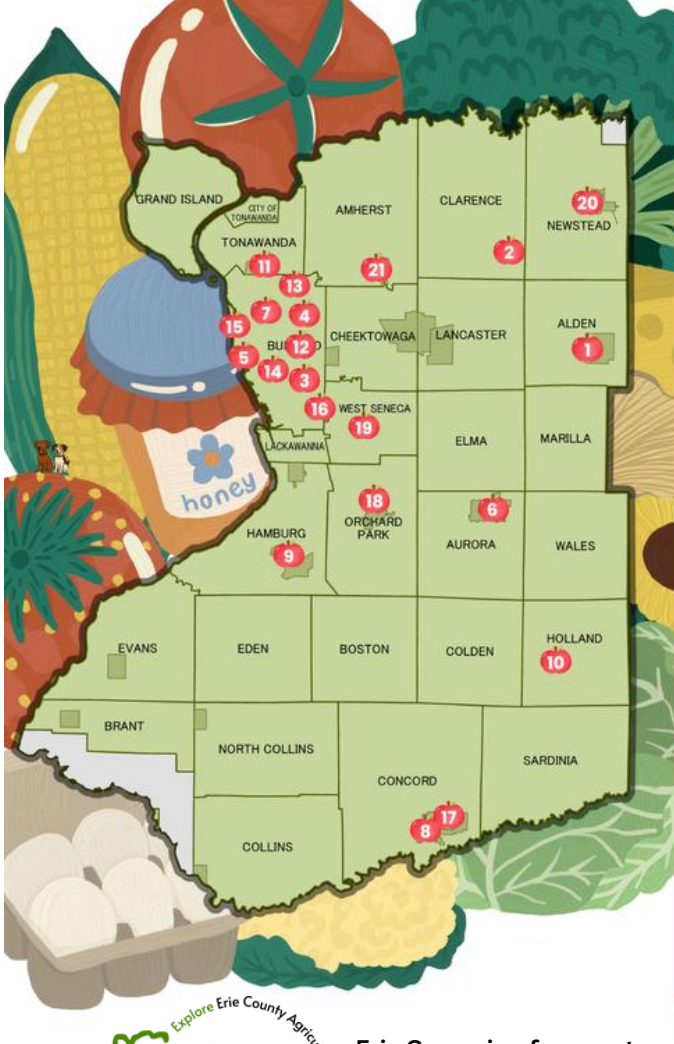
It's a fun seasonal activity that also offers a closer connection to where food comes from and the work involved in growing and harvesting it.

Below are several U-pick farms in Erie County:

- Blueberry Treehouse Farm, 1897 Davis Road, West Falls
- Hen-Hawk Acres, 13439 Genesee Road, Chaffee
- Henry's Gardens, 7884 Sisson Highway, Eden
- Gunner's U-Pick Farm, 9270 Lapp Road, Clarence Center
- Cregg Gardens, 13851 Whitney Road, Holland
- Kelkenberg Farm, 9270 Wolcott Road, Clarence Center
- The Flower Stand, 13187 Vaughn Street, Springville
- Thorpe's Organic Family Farm, 12866 Route 78, East Aurora

[FIND U-PICK FARMS](#)

2026 Farmers Markets and Mobile Markets in Erie County



2026 FARMERS MARKETS in Erie County

1 Alden Farmers Market
June 1 - Sept. 28 | Mon. 4:30pm-7pm
Alden Town Park, Alden
Facebook

2 Clarence Hollow Farmers Market
June 7 - Oct. 25 | Sat. 8am-1pm
10717 Main St., Clarence
clarencefarmersmarket.com
FMNP

3 Clinton Bailey Farmers Market
Year Round | Summer 8am-5pm
1443 Clinton St., Buffalo
clintonbaileyfarmersmarket.com
SNAP, FMNP, DUF

4 Delavan-Grider Farmers Market
May 28 - Late Sept. | Thurs. 4pm-8pm
877 E. Delavan Ave., Buffalo
delavan-grider.com
SNAP, FMNP, DUF

5 Downtown Country Market
June 4 - Oct. 15 | Thurs. 10am-2pm
Fountain Plaza, Main St., Buffalo
www.buffaloplacemkt.com
SNAP, FMNP, DUF

6 East Aurora Farmers Market
May 2 - Nov. 25 | Wed. & Sat. 7am-1pm
115 Riley St., East Aurora
eastaurorafarmersmarket.com
FMNP

7 Elmwood Village Farmers Market
May 9 - Oct. 31 | Sat. 8am-1pm
Bicknell Pkwy., Buffalo
elmwoodmarket.org
SNAP, FMNP, DUF

8 Gentner Commission Market
Year Round | Wed. Open at Dawn
241 W. Main St., Springville
Facebook

9 Hamburg Farmers Market
May 2 - Oct. 31 | Sat. 7:30am-1pm
45 Church St., Hamburg
southtownregionatchamber.org
SNAP, FMNP, DUF

10 Holland Farmers Market
May 3 - Oct. 25 | Sun. 8:30am-1pm
7286 Clegg Rd., Holland
townofhollandny.com
(Email agriculture@erie.gov with updates to this map. Updated June 24, 2026.)

11 Kenmore Farmers Market
June 21 - Oct. 25 | Sun. 9am-1pm
2919 Delaware Ave., Kenmore
villageofkenmore.org

12 Rooted in the Park Farmers Market
June 6 - Sept. 26 | Sat. 9am-1pm
MLK Jr. Park, Buffalo
rootedinloveinc.com

13 Market at the Martin House
June 25 - Sept. 24 | Thurs. 5pm-8pm
125 Jewett Parkway, Buffalo
martinhouse.org

14 Mrs. Nash's Garden Basket
June 2 - Oct. 13 | Tues. 4pm-6pm
36 Nash St., Buffalo
michiganstreetbuffalo.org

15 Providence Farm Collective
June 27 - Oct. 24 | Sat. 10am-2pm
130 Grant St., Buffalo
providencefarmcollective.org
SNAP, FMNP, DUF

16 South Buffalo Farmers Market
June 7 - Sept. 27 | Sun. 9am-1pm
Cazenovia Park Casino, Buffalo
southbuffalofarmersmarket.com

17 Springville Farmers Market
May 9 - Sept. 26 | Sat. 8am-1pm
65 Franklin St., Springville
Facebook

18 Orchard Park Farmers Market
June 1 - Aug. 31 | Mon. 4pm-7pm
Orchard Park Train Depot
Facebook

19 West Seneca Farmers Market
May 4 - Sept. 10 | Thurs. 5pm-8:30pm
1250 Union Rd., West Seneca
westseneca.org

20 West Shore Farmers Market
June 4 - Sept. 10 | Thurs. 4pm-7pm
Russell Park, Main St., Akron
akronchamber.org
SNAP, FMNP

21 Williamsville Farmers Market
May 9 - October 31 | Sat. 8am-1pm
5583 Main St., Williamsville
williamsvillefarmersmarket.com
SNAP: Supplemental Nutrition Assistance Program
FMNP: Farmers Market Nutrition Program
DUF: Double Up Food Bucks

Erie Grown is a fun way to explore Erie County agriculture and find the freshest farm goods! It is high summer and our farmers are working hard. Visit a farmer this week for in-season fruits and vegetables. Learn more at [erie.gov/eriegrown](#).

A Mobile Market is a traveling grocery provider that can travel to various communities, increasing fresh food access.

MAP MOBILE MARKET			
June 2 nd - October 30 th			
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11AM - 1PM	11AM - 1PM	11AM - 1PM	10AM - 12PM
West Buffalo Charter School 113 Lafayette Ave. 14213	Neighborhood Health Center, Northwest 155 Lawn Ave. 14207	Buffalo Adult Education 160 Edward St. 14201	Broadway Pediatrics 1021 Broadway 14212
4PM - 6PM	3PM - 5PM	3PM - 6PM	2PM - 4PM
Mrs. Frances Nash's Garden Basket 36 Nash St. 14204	Elim Christian Fellowship 70 Chalmers Ave. 14215	MAP Farmhouse Market (year-round) 387 Massachusetts Ave. 14213	LeRoy R. Coles, Jr. Library 1187 E. Delavan Ave. 14215
Accepted Payment Methods			



2026 MARKET SCHEDULE

SUN 9:00-1:00	KENMORE FARMERS MARKET Corner of Delaware Ave and Delaware Rd
TUE 12:00-1:00	WESTMINSTER SENIOR HOMES 6/16, 8/18, 9/15, 10/20 - 419 Monroe Street
TUE 4:30-6:30	MRS. NASH'S MARKET Corner of Michigan and Broadway
WED 10:00-12:00	COMMUNITY HEALTH CENTER 34 Benwood Ave., Buffalo (back parking lot)
THU 4:00-6:30	DELANAV GRIDER CENTER 788 East Delavan Ave
FRI 10:00-1:00	NIAGARA STREET PEDIATRICS 1050 Niagara Street, Buffalo

BuffaloGoGreen visit [buffalogogreen.org](#)

Know Before You Go

Supplemental Nutrition Assistance Program (SNAP)

Look for SNAP on the map determine if a farmers market accepts SNAP benefits. If so, SNAP recipients can use their EBT card to purchase eligible foods.

Double Up Food Bucks (DUF)

Look for DUF on the map to determine if a farmers market participates in DUF. If so, DUF matches SNAP recipients' fruit and vegetable purchases dollar for dollar, up to \$20 a day. SNAP recipients are automatically eligible for DUF but must enroll in the program at [doubleupnys.com](#) or at the market.

Farmers Market Nutrition Program (FMNP)

Look for FMNP on the map to determine if a farmers market accepts FMNP benefits. If so, FMNP recipients can use coupons to purchase fruit and vegetables. Visit [bit.ly/fmnpinfo](#) for more information.

Erie Grown Passport Reminder

With your [online Passport](#) or printed passport (email agriculture@erie.gov to receive a PDF), each time that you visit a farm, farm-related business, or agricultural festival listed on Erie Grown, simply write the date you visited.

In January 2026, three participants who submit their Passports will win prizes!

[VISIT ERIE GROWN PASSPORT](#)



Looking Ahead: August

August is the peak of the regional agricultural fair season and harvest celebrations, more details to come next month:

- Sweet Corn Season
- Erie County Fair (August 12-23)
- Eden Corn Festival (August 6-9)
- Urban Farm Day (August 15)

OFFICE OF AGRICULTURE [ERIE.GOV/AGRICULTURE](#)

