



ART that HEALS

Community Healing Series

This series promotes Black-led togetherness, emotional support, and community healing for the Black community in the form of Sawubona Healing Circles, art workshops and yoga at locations throughout Buffalo's East Side.

Register for a FREE session!

www.erie.gov/ourcommunityhealing



November 2023 - January 2024

First time attendees will receive one self-care kit and standard art supplies.

Enjoy a light meal prepared by your favorite local businesses!

These art workshops encourage self-expression through painting, drawing and other forms of art. Anything you share during the session will be kept confidential outside of the session. These sessions are not a replacement for therapy or mental health treatment.

Brought to you by:



Department
of Health

Office of
Minority Health and
Health Disparities
Prevention



Erie County
Department of
Health



OFFICE OF HEALTH EQUITY
www.erie.gov/health-equity