

How to Make a Winter Survival Kit

Everyone should carry a Winter Survival Kit in their car. In an emergency, it could save your life and the lives of your passengers. Here is what you need:

- a shovel
- windshield scraper and small broom
- flashlight with extra batteries
- battery powered radio
- water
- snack food including energy bars
- raisins and mini candy bars
- matches and small candles
- extra hats, socks and mittens
- First aid kit with pocket knife
- Necessary medications
- blankets or sleeping bag
- tow chain or rope
- road salt, sand, or cat litter for traction
- booster cables
- emergency flares and reflectors
- fluorescent distress flag and whistle to attract attention
- Cell phone adapter to plug into lighter

Kit tips:

- Reverse batteries in flashlight to avoid accidental switching and burnout.
- Store items in the passenger compartment in case the trunk is jammed or frozen shut.
- Choose small packages of food that you can eat hot or cold.

911 tips:

- If possible, call 911 on your cell phone. Provide your location, condition of everyone in the vehicle and the problem you're experiencing.
- Follow instructions: you may be told to stay where you are until help arrives.
- Do not hang up until you know who you have spoken with and what will happen next.
- If you must leave the vehicle, write down your name, address, phone number and destination. Place the piece of paper inside the front windshield for someone to see.

