There is a pill to prevent HIV!

Talk to your provider about PrEP today!

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PrEP can lower your risk by 90-99%*



PrEP, aka Pre Exposure Prophylaxis, is a medication that when taken everyday can lower your risk of getting HIV from sex by 90-99%*! Two popular PrEP medications are Truvada and Descovy.



To learn more about PrEP, scan the QR code to visit the CDC's website on PrEP.

PrEP can be for anyone!

PrEP can be a good fit for people who don't use a condom every single time they have sex, people who have HIV-positive partner(s), or people who exchange sex for money/drugs/housing/etc.



Remember to take your medication

Take it daily!

In order for PrEP to do its best at protecting you from getting HIV, it has to be in your system before you are exposed. Therefore, it is important to take it every single day. It takes at least 7 days for PrEP to provide protection from getting HIV in rectal/anal tissue, and 21 days for vaginal/ front hole & penile tissue.

PrEP only prevents HIV. not other STIs or pregnancy.

If you want to prevent STIs and/or pregnancy, combine PrEP with a condom. Most people do not have any symptoms when they have a STI so it is important that you get frequent STI testing and always use protection.



See your provider regularly

You will need to see your provider for follow up every 3 months in the office. During this appointment you will get repeat STI screening tests so your provider can continue to safely prescribe your PrEP.