



WOMEN'S HEART HEALTHY FACTS & SNACKS

Heart disease is the <u>leading cause of</u> <u>death for women</u> in the United States.

Downtown Central Library Ring of Knowledge 1 LaFayette Square, Buffalo

Friday, February 7



Free Hands-only CPR Classes

L 10 am, 1 pm, 2:15 pm



Heart Health for Women

11:30 am-12:15 pm



Light refreshments

Presented by Erie County's Office of Public Health Emergency Preparedness

<u>erie.gov/PHEP</u>

