

# Navigating Rite Aid Closures in WNY

## TIPS FOR PATIENTS

### PREPARE



### MANAGE MEDICATIONS



### STAY INFORMED



#### 01 Check Coverage and Ask about 90 Day Supply

- Contact your health insurance provider to find out which pharmacies are covered by your plan. This information is usually available by calling the member services number on the back of your insurance card.
- If you take medication regularly for conditions like high blood pressure, diabetes, or asthma, ask about a 90-day supply to reduce trips and to avoid missed doses.

#### 02 Transfer Your Prescriptions Promptly

- Ask your doctor or prescriber to send new prescriptions directly to your new pharmacy.
- Call a new pharmacy as soon as possible to transfer your prescriptions from Rite Aid.
- Follow the prompts or instructions provided by the pharmacy to complete the transfer.

#### 03 Bring Your Insurance Card

- Check if a digital version of your card is available to save on your phone.
- Always carry your current insurance card when visiting the new pharmacy, allowing the pharmacy to verify coverage for medications and prevents delays as needed.

#### 04 Ask if the Pharmacy Offers Delivery

- Many pharmacies provide local delivery and/or curbside pickup services.
- Call to see if they deliver to your home- this is especially helpful if you have transportation challenges.
- Be aware that there are often geographic and insurance based limitations for delivery services.
- Most pharmacies require a credit card on file for delivery, and extra charges may apply.

#### 05 Plan Ahead for Emergencies

- Refill medications before you run out, especially ahead of travel or bad weather.
- Keep an updated medication list.
- Ask about automatic refills or reminder systems.

#### 06 Store Medications Safely

- Store medications in a cool, dry place, away from heat, sunlight, and moisture to maintain stability
- Always check the label for any special storage instructions (e.g., refrigeration); note that some medications only require refrigeration before opening.
- Keep all medications out of reach of children and pets.

#### 07 Always Check Expiration Dates

Lot No.: 209576T  
Exp. Date: 1/2/2018

- Look for expiration dates before taking medications—check the medication box/bottle/injection for the manufacturer expiration date
- Expired medications may not work or may be unsafe.
- Ask your pharmacy about safe disposal options. You can also find local disposal sites on the [Erie County website](#).

#### 08 Talk to Your Pharmacist

- Don't hesitate to ask, they're there to support you!
- They can help with questions, cost-saving tips, and how to take medications properly and safely.

#### 09 Be Patient!