



Dangerous Heat Tuesday - Friday

June 29, 2026
3:02 AM

High Confidence in Long Duration Heat This Week

Maximum Heat Index (°F) Forecast

	6/30 Tue			7/1 Wed			7/2 Thu			7/3 Fri			HeatIndex Max			
	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am		6am	12pm	6pm
Albion	88	100	101	78	97	104	101	79	98	105	101	78	96	98	96	105
Batavia	87	99	98	77	95	102	98	77	95	102	97	78	92	95	92	102
Buffalo	84	94	93	78	88	97	95	79	91	97	95	78	86	91	89	97
Canandaigua	86	100	100	78	97	103	99	78	96	103	99	82	94	96	94	103
Dansville	88	102	102	77	97	104	101	77	95	103	100	78	94	98	96	104
Dunkirk	88	95	93	77	90	95	95	76	93	97	97	77	79	86	85	97
Fulton	85	98	98	75	95	102	101	77	95	103	102	77	92	93	92	103
Geneseo	86	100	101	78	95	103	99	78	94	102	98	79	91	95	93	103
Jamestown	85	98	97	73	92	99	96	73	93	100	98	75	92	94	92	100
Lockport	87	100	100	79	96	104	102	78	97	104	102	78	94	97	95	104
Lowville	84	93	93	72	94	98	95	74	92	96	93	74	90	93	90	98
Lyons	86	101	100	78	97	104	103	82	97	105	104	82	97	98	96	105
Niagara Falls	88	100	100	78	97	105	103	79	96	104	102	77	92	95	93	105
Olean	84	95	95	73	90	97	95	73	90	97	94	73	90	94	92	97
Pulaski	83	96	97	74	91	100	99	74	91	100	98	74	86	90	88	100
Rochester	86	100	100	78	95	104	100	82	97	106	102	84	97	100	98	106
Sodus Point	78	82	90	77	90	88	93	79	88	87	91	78	78	78	79	93
Springville	86	98	96	75	94	99	95	74	94	98	95	74	89	92	90	99
Warsaw	86	98	98	77	94	101	97	77	93	99	95	77	90	93	90	101
Watertown	78	94	95	76	92	99	97	77	91	98	96	77	86	90	88	99
Wellsville	84	96	95	74	91	99	95	75	91	98	95	74	90	94	91	99

OVERVIEW	<ul style="list-style-type: none"> There is high confidence in a prolonged period of hot and humid weather Tuesday through Friday for all of Western New York and the Eastern Lake Ontario region Maximum heat index values in the mid 90s to low 100s are likely each day Tuesday through Friday
TIMING	<ul style="list-style-type: none"> Maximum Heat Index Values: between 1 PM and 7 PM all four days Greatest heat index values expected Wednesday and Thursday
HAZARD & IMPACTS	<ul style="list-style-type: none"> Increased risk of heat-related illness with prolonged outdoor activity or in non-air conditioned locations, particularly for vulnerable populations Overnight temperatures will only drop into the 70s, offering little relief for those without access to air conditioning
POST EVENT OUTLOOK	<ul style="list-style-type: none"> The heat will diminish a bit next weekend, but it will still be very warm with heat index values in the mid 80s to lower 90s
NEXT BRIEFING	<ul style="list-style-type: none"> By 7 AM Tuesday, June 30, 2026

