

Addict 2 Addict Virtual Support Group

Meets Tuesdays and Thursdays at 5pm

During the current Coronavirus (COVID-19) pandemic, Mental Health PEER Connection (MHPC) wants you to know that WE are there for you.

WE are there for you with our Addict 2 Addict Virtual Support Group, a group for peers to help peers through the obstacles of addiction and recovery. This is a judgment-free zone to help one another recover. This group will cover topics ranging from cravings and triggers to strengths and barriers. This group is run by Certified Recovery Peer Advocates. Participants can be still struggling with addiction or those in recovery for years. A2A supports all pathways of recovery from abstinence to Medication Assisted Treatment (MAT). Feel free to bring your own topic to talk about or follow along with a topic provided by the host. No matter what is happening, we are here to help, and you are not alone! So, curl up on your couch, and come join us in the comfort of your own home, as we walk this path together!

To RSVP contact : gvinson@wnyil.org or 716-398-3907

