

MENTAL HEALTH, ALCOHOL USE AND SUBSTANCE USE TREATMENTS AND SUPPORTS

SUICIDE PREVENTION AND CRISIS SERVICES:

- 24-Hour Crisis Hotline: 716-834-3131
24-Hour Emergency Mental Health Mobile Response Services -18 and over
- 24-Hour Addiction Hotline: 716-831-7007

211WNY:

- Dial: 211 or 1-888-696-9211, Available 24/7/365
- Text your zip code to 898-211; M-F 8:30AM-3:30PM

Comprehensive Community Information and Referral, including information on openings and closing at area non-profit and government offices

Also offers After Hours Emergency Housing Services for Erie County Dept.of Social Services (Homeless placement)

SPECTRUM CRISIS & RE-STABILIZATION EMERGENCY SERVICES (C.A.R.E.S):

- 716-882-4357
24-Hour Phone Support and Mobile Response Services to youth in crisis under the age of 18 and their families or caretakers.

SPECTRUM HEALTH AND HUMAN SERVICES URGENT CARE (UMHACC)

- 716-539-6743
Provides rapid access to mental health services and substance use counseling to our community. Crisis Intervention and Counseling to avoid an emergency room visit when possible.