

# TechKnowledgeMe: Learning How Technology Can Help You Find Your Voice



Do you know a person with I/DD who wants to connect virtually but is not sure how to?

## TechKnowledgeMe Videos:

- What is Videoconferencing - <https://youtu.be/rj5V1krlgDQ>
- How to Join a Video Conference - <https://youtu.be/Ju79j7Jm1IE>
- Videoconferencing Etiquette - <https://youtu.be/0ljLrmvNyJl>
- Managing Your Links - <https://youtu.be/ibf-eIUI2cQ>
- Virtual Self Advocacy - [https://youtu.be/y3MH78A0J\\_E](https://youtu.be/y3MH78A0J_E)

If you use our videos, please fill out this simple survey. Thanks!

<https://www.surveymonkey.com/r/NRHWTD7>

## Weekly Virtual Meetings:

Since the beginning of the pandemic, SANYS and friends have been hosting weekly Zoom meetings for people with IDD to connect with other self-advocates and learn about advocacy. All are welcome! To receive our weekly email updates, please fill out the form below and select SANYS Weekly Updates:

<https://sanys.salsalabs.org/signmeup>

## TechKnowledgeMe on SANYS Website:

<https://sanys.org/what-we-do/resources/techknowledgeme>

## Reach Out:

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