

# Erie Path Resource Organization

## Mental & Behavioral Health

Feeling anxious and worried

Feeling depressed and sad

Using alcohol and drugs

Displaying concerning behaviors

Having symptoms of a mental health condition

Experiencing a mental health challenge

## School & Community / Environment

Education

Work

Advocacy

Legal Services

Housing and Transportation

Community Programs and Activities For Children and Adolescents

## Physical Health & Child Development

Developmental Concerns

Other Concerns and Neurodiversity

Nutrition, Healthcare, and Physical Activity

## Self, Peers & Relationships

Gender and Sexual Identity

Relationships with Others

Self-Esteem and Self-Image

Bullying

Domestic / Interpersonal / Sexual Violence

Self-Harm

## For Parents / Caregivers

Parenting Resources

Quality of Life Resources for Parents / Caregivers

General Mental Health Information