

## Front Door: Access to Services

#### **Front Door Information Session**

Revised July 31, 2023

## WELCOME AND INTRODUCTIONS

## Today's Objective

- What is OPWDD?
- What is the Front Door?
- What is Care Management?
- What is the OPWDD Eligibility Review Process?
- What are OPWDD supports and services?
- How are OPWDD services delivered?
- How are OPWDD services paid for?

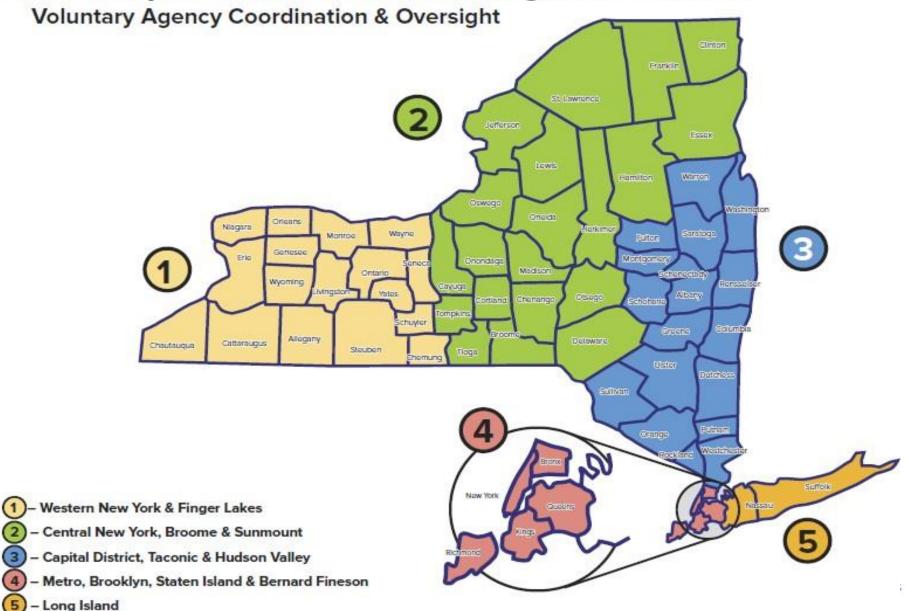


#### What is OPWDD?

## The Office for People With Developmental Disabilities:

- The New York State agency that authorizes services for people who have developmental disabilities
- Helps people with developmental disabilities live richer lives
- Our Vision: People with developmental disabilities enjoy meaningful relationships with friends, family and others in their lives, experience personal health and growth and live in the home of their chaire and fully participate in their communities.

5 Developmental Disabilities Regional Offices



#### What is the Front Door?

- The person-centered process that connects people to services
- A team of staff at the Developmental Disabilities Regional Offices (DDROs) to help guide you through the process to access supports and services that are appropriate to meet your needs



#### **Steps in the Front Door**

**Initial Contact Eligibility** Identify Needs, Goals and Preferences Plan **Access Services** 



### What is Care Management?

- Care management is provided by qualified care managers that help you navigate various service systems and connect you with the services and supports you need to achieve your personal goals.
- There are various types of Care Management to choose from...



# Care Coordination Organization (CCO) Care Management

- CCOs are organizations that provide personcentered care management, planning and coordination.
- Staffed by Care Managers with training and experience in the field of developmental disabilities.
- You will choose which CCO you want to work with from a list of CCOs in your area

#### Role of the CCOs

To work closely with you, the DDRO and any identified service providers through all of steps of the Front Door process including:

- Assisting with the OPWDD Eligibility and Medicaid application process
- Identifying the services that meet your needs and the agencies that you want to provide services
- Ensuring services are available to meet your needs
- Assist with any changes needed to your services



#### **CCO Care Management Options**

## Health Home Care Management

- Coordinates OPWDD supports and services
- Coordinates access to behavioral health services
- Coordinates access to medical, and dental services
- Identifies community-based resources
- Uses technology to link services
- Connects your care providers to each other so they know about your care

#### **Basic HCBS Plan Support**

Coordinates OPWDD supports and services.

# Fully Integrated Duals Advantage for Individuals with Developmental Disabilities (FIDA-IDD) Care Management

- Available to adults (age 21 and older) eligible for both Medicare and Medicaid and who are living in the following counties: Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland, Suffolk, Westchester
- Provides Care Management and coordination of comprehensive services for people with developmental disabilities
- Services are provided by a network of providers
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#### FIDA-IDD Benefits and Services

**Care Management** 

**Interdisciplinary Team (IDT) Approach** 

**Primary & Specialty Care** 

**Inpatient and Outpatient Services** 

**Long Term Supports & Services** 

**Behavioral Health** 

**OPWDD** services

**Dental** 

**Pharmacy** 

**Transportation** 

**Medical Supplies and Equipment** 



#### **OPWDD ELIGIBILITY**



# What is the OPWDD Eligibility Review Process?

The process by which OPWDD determines if you have a qualifying developmental disability to receive OPWDD supports and services

- May involve more than one step to ensure:
  - Every person receives a fair review
  - All applicants can submit additional information, request re-evaluation, appeal a determination and request a fair hearing.
- If you have specific eligibility questions, please contact your local DDRO.

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#### What is a Developmental Disability?

- A condition that occurs anytime from birth until the age of 22, including:
  - Intellectual Disability
  - Cerebral Palsy
  - Epilepsy
  - Neurological Impairment
  - Autism Spectrum Disorder
  - Familial Dysautonomia
  - Prader-Willi Syndrome
- Is expected to be permanent
- Affects your ability to function in society



#### Required Documents for Eligibility

Your local DDRO will need the following information to determine if you are eligible for OPWDD services:

- A Transmittal Form for Determination of Developmental Disability
- A full psychological report
- A social/developmental history or psychosocial report
- A medical specialty report
- Supporting documentation showing that you became disabled <u>before</u> age 22
- An assessment of adaptive skills
- A diagnostic report (an evaluation that supports how the diagnosis was made)

#### What is "Provisional Eligibility"?

- For children under the age of 8, OPWDD may grant provisional eligibility based on clinical judgement of disability and needs.
  - You may have qualifying levels of delays in development that can still change or improve as you grow older.
- All children with provisional eligibility must be reviewed again before their eighth birthday, but some may be reviewed earlier.
- The DDRO will decide when you should be evaluated again, and whether you are still eligible for OPWDD supports and services.

# IDENTIFYING THE APPROPRIATE SERVICES THAT MEET YOUR NEEDS



## **Identifying Your Services**

#### **Assessments:**

- Developmental Disabilities Profile 2 (DDP2)
  - Child and Adolescent Needs and Strengths (CANS) (Under 18yrs)

Life Experience



Culture

#### **Service Options**

- Based on your needs
- Vary between children and adults

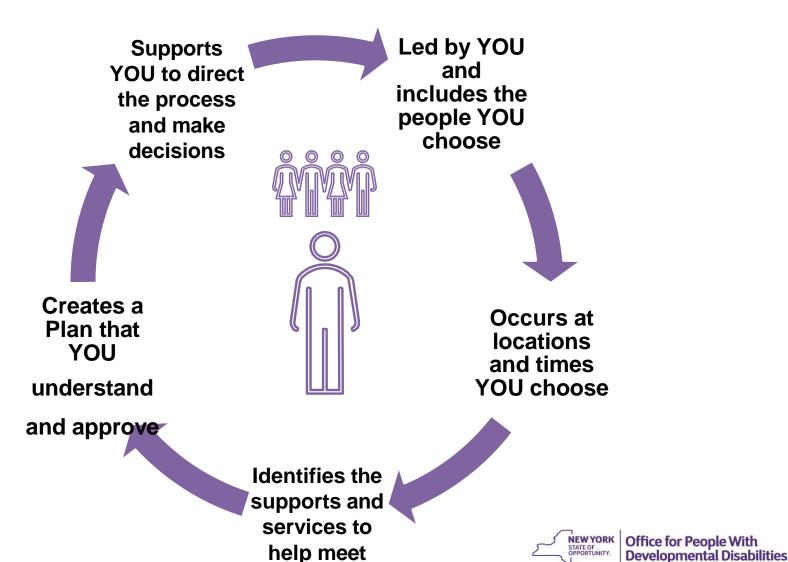
Language

Natural and Community Supports

- Evolve over time



## Person Centered Planning (PCP)



YOUR needs

## **OPWDD Supports and Services**

- Community Based Services
- Assistive Technology
- Employment Services
- Housing Options
- Behavioral Supports
- Clinic Services

Services are meant to enhance the support you are receiving from your Natural Supports to help meet your needs.



#### Family Supports Services (FSS):

- Helps families care for their loved ones residing at home and may include:
  - Respite Provides relief to primary caregiver(s)
  - Family Member Training and Support Groups
  - Reimbursement
  - Information and Referral
  - Sibling Services
  - Recreation and Social Activities/After School Programs

FSS services may be accessed as soon as your are ice for People With Developmental Disabilities found OPWDD eligible.

#### **OPWDD Housing Subsidy:**

- Funds to help you pay for rent and utilities in your own home in the community (must be over 18 years old)
- Housing subsidies are ONLY available to help you live independently.

You may explore the OPWDD Housing Subsidy as soon as you are found OPWDD eligible.



Respite: A break for caregivers

#### **Types of Respite:**

In-Home Respite

Site-based Respite

Intensive Respite

Recreational Respite

Camp Respite

Family Reimbursed Respite through Family Support Services (FSS)

#### Respite is **NOT**

Babysitting

Staffing for people who do not have a caregiver

Skill Building

#### **Community Habilitation:**

Helps you...

- Learn and keep the skills you need to live safely and more independently
- Maintain or improve your health
- Work toward other personal goals
- Meet people and make and keep friends
- Be part of your community and take part in community activities
- Live independently or learn about and experience community-based activities

#### **Day Habilitation:**

#### Helps you:

- Learn and keep the skills you need to live safely and more independently
- Be a valued member of your community and participate in community activities
- Identify your interests
- Develop your talents and skills
- Make and keep friends
- Learn basic life skills

Takes place at a set location or within the community

### **Assistive Technology**

#### **Assistive Technology includes:**

- Environmental Modifications: Physical changes to your home
- Adaptive Devices: Communication aides and adaptive devices, including tools used for dining; meal preparation and other tasks
- Vehicle Modifications: Physical changes to your vehicle to meet specialized transportation needs



#### **Employment Services**

#### Community Prevocational Services:

 Prepares you for employment by teaching job readiness skills

#### Pathway to Employment:

- Helps you develop a plan for employment success.
- Time-limited service

#### Employment Training Program:

Provides a time-limited paid work experience initially as an intern

#### Supported Employment:

Gives you the supports you need to get and keep a paid job in the community

## **Certified Housing Options**

Opportunities to live in certified homes that offer different levels of support

- Family Care: Community-based housing in private family homes certified by OPWDD. Offers you a caring and stable home in a family setting
- Individualized Residential Alternatives (IRAs):
   Provide room, board and individualized supports in a home-like atmosphere where you can gain the skills necessary to live as independently as possible

## **Certified Housing Options**

- Certified Residential Opportunities Team:
   OPWDD staff who assist you with exploring the
   most integrated and the least restrictive
   housing options to meet your needs in
   residential facilities, certified and/or operated
   by OPWDD
- Housing resources are managed to ensure certified housing is available to those in greatest need.
- Your Care Manager will work with the DDRO CRO team to assist with the application process.

## **Behavioral Supports**

#### **Intensive Behavioral Services:**

- Short-term (6 month) services that focus on behavior support strategies for behavioral needs that may put you at risk of placement in a more restrictive residential setting (such as a group home or a hospital)
- Teaches you, your family and other caregivers how to respond to challenging behaviors
- You must live in your own home, your family's home or a Family Care home to be eligible

## **Behavioral Supports**

## Crisis Services for Individuals with Intellectual and/or Developmental Disabilities (CSIDD):

- Community-based program that provides crisis prevention and response services to you and your family if you have complex behavioral and mental health needs
- Offers training, consultation, therapeutic services and technical assistance to help you remain in your home



#### **Article 16 Clinical Services**

- Provides clinical services are provided either at main clinic sites or at satellite site locations throughout New York State.
- You may access Article 16 Clinics specifically for the purposes of diagnosis and evaluation if you do not have a known diagnosis.
- Services are rehabilitative to improve or limit disabling conditions, disease or illnesses through the provision of therapies.
- Services help you remain in, or move to, the least restrictive settings.
- Clinics are **Not** a primary care provider of the Developmental Disabilities services.

# HOW OPWDD SERVICES ARE DELIVERED



## **Service Delivery Options**

## Direct Provider Purchased

- Traditional service option
- The service provider manages services.
- Provider determines staffing assignment, wages paid and schedule of service delivery.

## Agency Supported Self-Directed

- You enter into a coemployment agreement with a provider agency.
- You select staff from the provider or recommend staff to be hired by the provider.

#### **Self-Directed**

- You have the most control on how your services are delivered.
- You enter a coemployment agreement with a Fiscal Intermediary.
- You have flexibility in all aspects of service delivery and pay

You haveate.

Responsibility

Provider has Responsibility

You may customize your service delivery options by using a combination of self-directed and agency-provided services.



# HOW ARE OPWDD SERVICES PAID FOR?

## Paying for OPWDD services

- Home and Community Based Services (HCBS) Medicaid Waiver:
  - OPWDD's largest Medicaid program
  - Paid for by New York State and the Federal Government
  - You need to enroll in Medicaid and apply for the waiver
  - If you are under the age of 18, you may be determined eligible for Medicaid without considering parental income (called "Parental Deeming")
- State-funded services:
  - OPWDD offers limited services with state funding.
  - You do not need to enroll in Medicaid or the HCBS Waiver to get state-funded services, such as Family Support Services (FSS).

<sup>\*</sup>You can have other insurance coverage and still apply for Medicaidabilities

## **Your Next Steps**

- Contact your local Front Door Team
- Connect with a CCO (or Non-MSC agency/Service Access Agency) to support you in the process toward applying for OPWDD eligibility and services
- Your services may or may not be authorized following a quality review process that is person-centered, needs- based and considers the supports available within the community.
- A Life Plan (plan for services) will be agreed to and your services and supports will be identified.

OPWDD is committed to making this process as clear and accessible as possible. If at any time you have concerns or are unsure of where you are in the process, please contact your local Front Developmental Disability of the process of the process

#### **Contact the Front Door**

866-946-9733

For those who are deaf, hearing impaired or speech-disabled, dial 711.



#### Thank you for attending!

If you would like to learn more about OPWDD services, please reach out to your local OPWDD Regional Office Front Door office.

For additional information, please visit OPWDD's website: <a href="mailto:opwdd.ny.gov">opwdd.ny.gov</a>

