

Life hardly ever feels "normal" when you have a child struggling with an emotional, behavioral, or mental illness. It's often lonely and discouraging, even more after years with disrupted schooling and less in-person support.

In addition to Overnight and Day Camp Sessions for families, we also offer free monthly training sessions and parent support groups via Zoom. Find encouragement through the family resources and start lasting friendships with others facing similar challenges.

## 2025 Parent Support Groups:

February, 17, 2025, 7-8:30 pm
March 17, 2025, 7-8:30 pm
April 14, 2025, 7-8:30 pm
May 19, 2025, 7-8:30 pm
June 16, 2025, 7-8:30 pm
July 14, 2025, 7-8:30 pm
August 18, 2025, 7-8:30 pm
September 15, 2025, 7-8:30 pm
October 20, 2025, 7-8:30 pm
November 17, 2025, 7-8:30 pm
December 15, 2025, 7-8:30 pm

Follow this link to Register:

https://docs.google.com/forms/d/e/1FAIpQLSfoZaIqplX3sXYdA3kvJZ1imzKVxkAAjWcjDYvk j1Bw1
Gnw/viewform

For more information, visit cgaw.org or contact us at (585) 664-4318 or hello@cgaw.org.

We hope to see you at Camp in 2025!