



# Dark Side of Social Media

WHAT YOU NEED TO KNOW





#### Our Mission

Empowering adolescents and families to live a life free from the disease of addiction through community outreach, education and early intervention.



#### Program Goals

The goal of Face2Face is to reach teens and their families in the earliest stages of experimentation in order to alter their decision making so that substance abuse treatment is not necessary in their future.

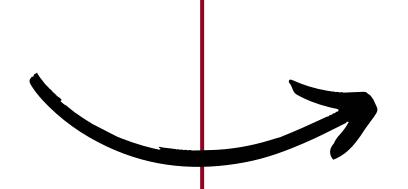
# WORDS MATTER

Terms to use, terms to avoid & why.





- Addict
- User
- Junkie





Person with a Substance Use Disorder





- Addict
- User
- Junkie
- Habit
- Addiction





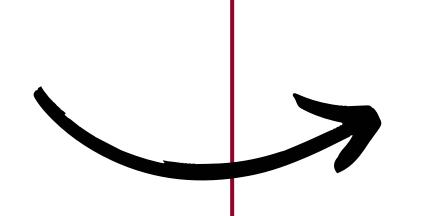
Person with a Substance Use Disorder

Substance Use Disorder





- Addict
- User
- Junkie
- Habit
- Addiction
- Abuse





Person with a Substance Use Disorder

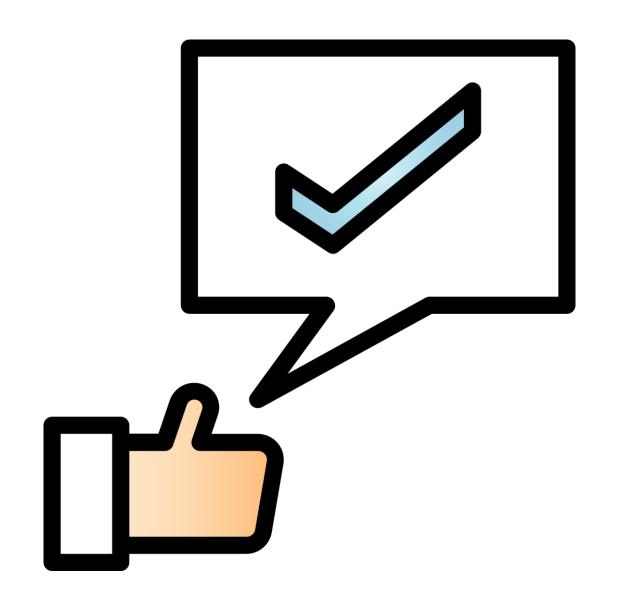
Substance Use Disorder

Use



# Social Media Trends & Substance Use





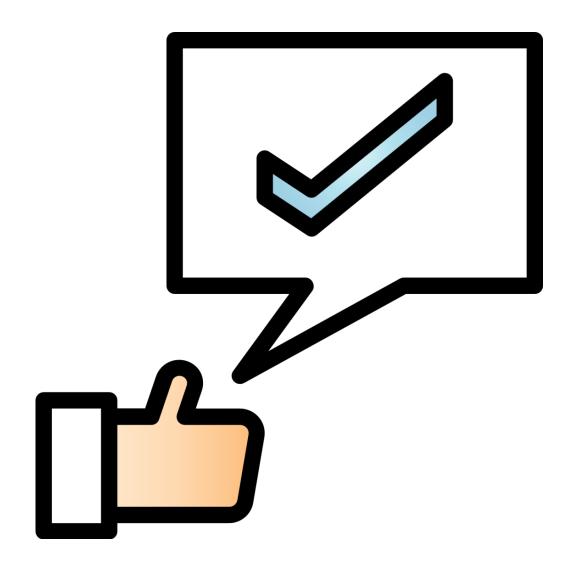
# Social Media Pros

Being socially connected is very important for the psychological development of your child,

It's not all

bad

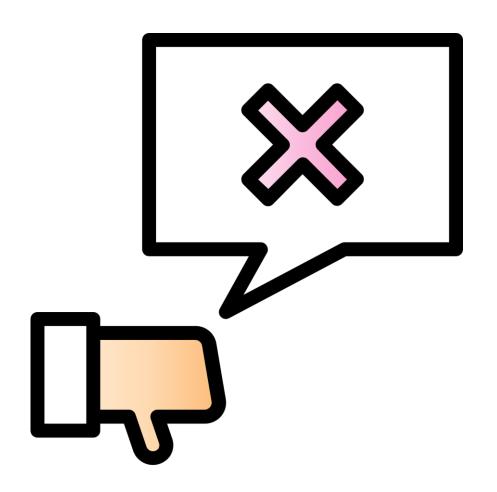




#### Pros of Social Media:

- developing better social skills
- feeling less isolated
- bonding with their friends
- being better equipped to be active citizens in society
- learning about world events and current affairs outside of their immediate environment.

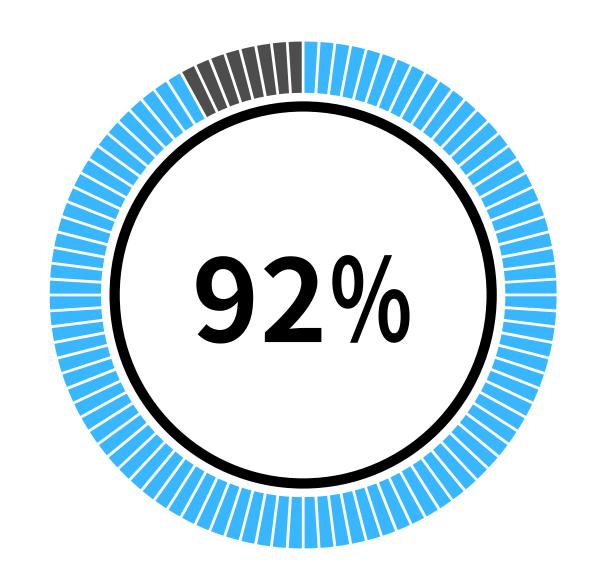




# Social Media Cons

- Teens are highly susceptible to peer influences and pressures.
- Exposure to content that not only normalizes but glamorizes behavior such as binge drinking and drug use.
- Social media promotes social comparison
- Can cause or exacerbate mental health issues such as depression, eating disorders, anxiety, etc...





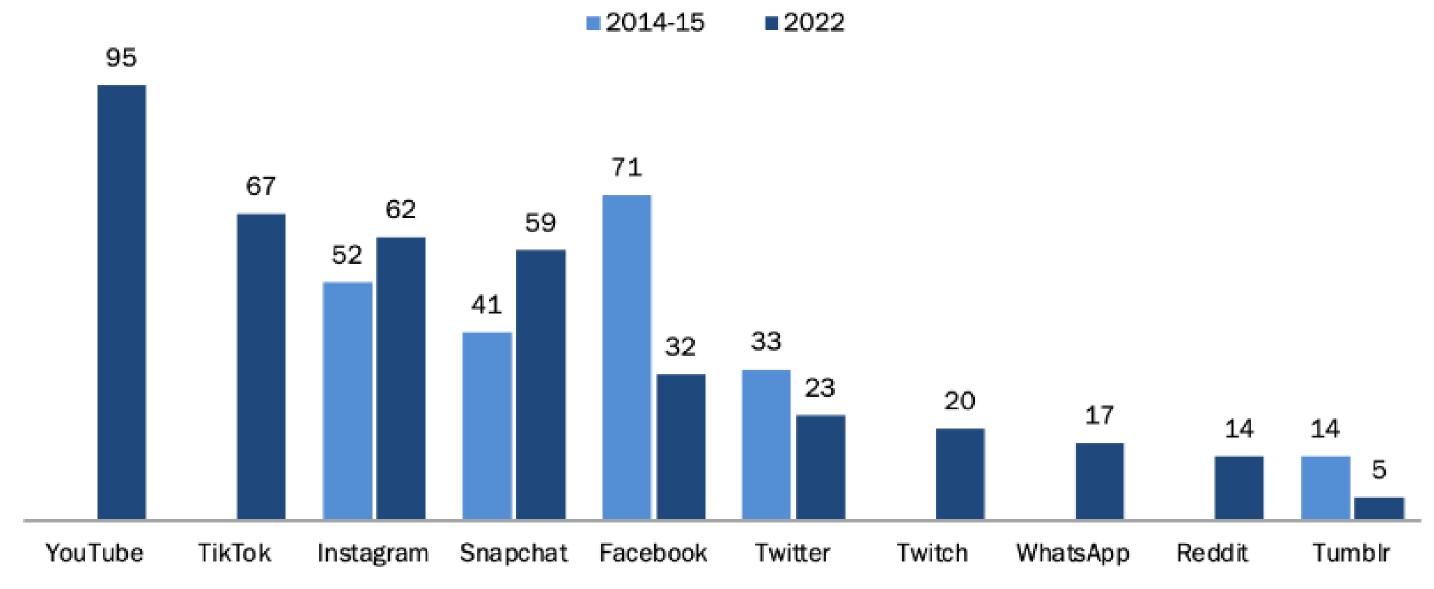
## Social Media Popularity

About 92% of adolescent users report checking social media platforms more than once a day.



#### Majority of teens use YouTube, TikTok, Instagram, Snapchat; share of teens who use Facebook dropped sharply from 2014-15 to now

% of U.S. teens who say they ever use each of the following apps or sites

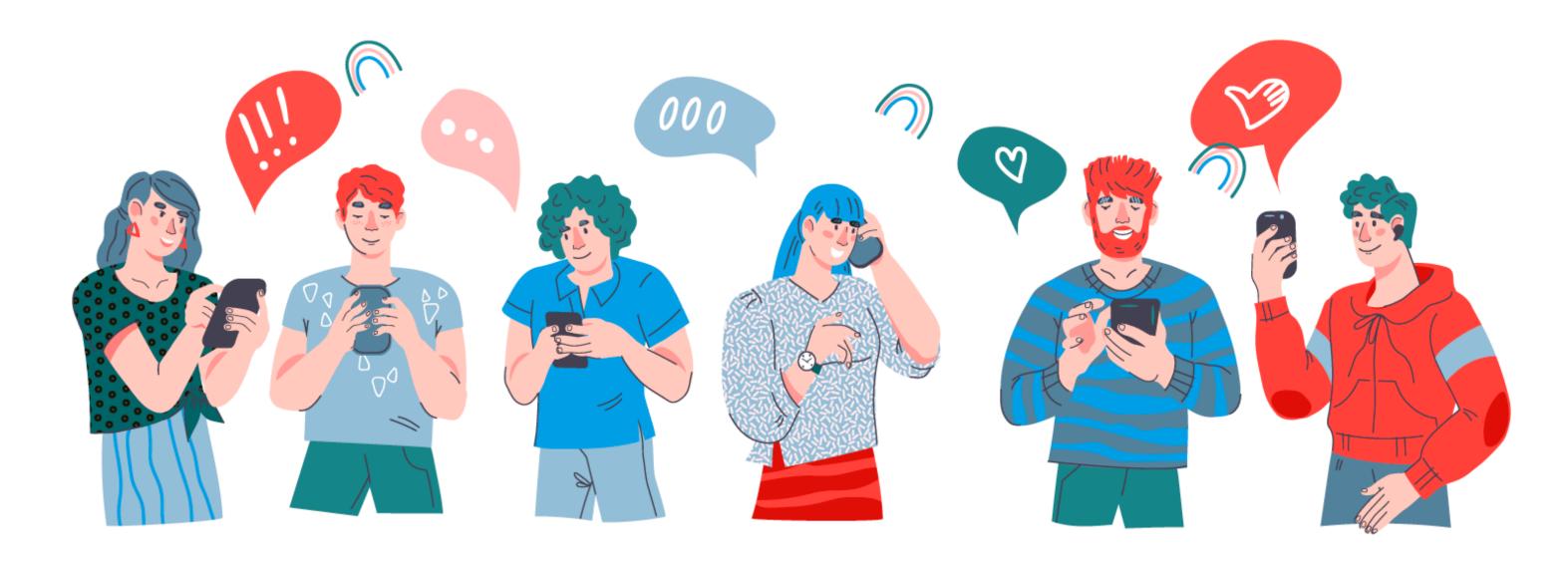


Note: Teens refer to those ages 13 to 17. Those who did not give an answer or gave other responses are not shown. The 2014-15 survey did not ask about YouTube, WhatsApp, Twitch and Reddit. TikTok debuted globally in 2018.

Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"





#### Dealers Utilize Social Media Apps To Target Teens

Drug traffickers advertise on social media platforms like Facebook, Instagram, Snapchat, TikTok, Twitter and YouTube.



Codes Using Emojis



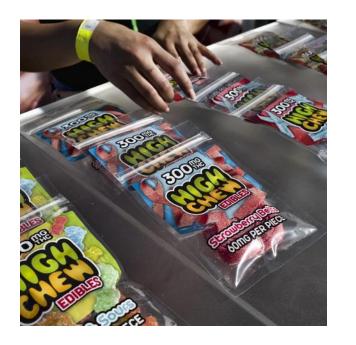


#### THC Products on Facebook



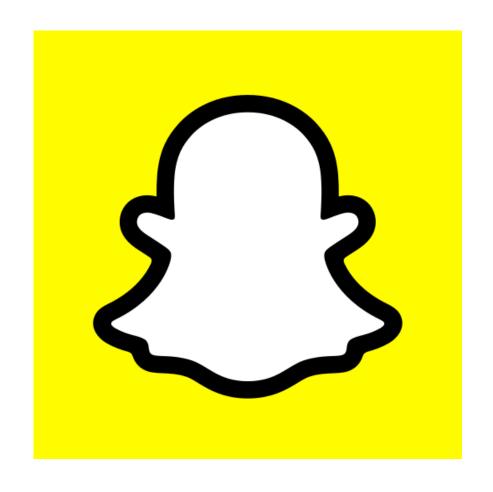








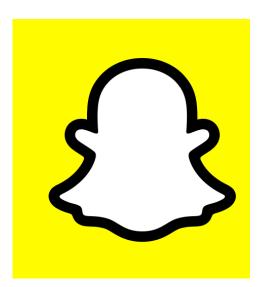




## About Snapchat

Snapchat is very popular among teens. It's a phone app that allows users to send photos and videos (called snaps) to other users. However, unlike with photos or videos sent via text or email, those sent on Snapchat disappear seconds after they're viewed.







# Drugs &

Apps
Dealers can post photos with captions that include hashtags, emojis and instructions for contacting the them.















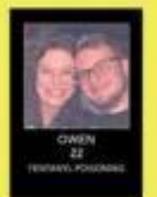




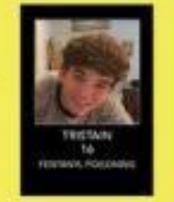
















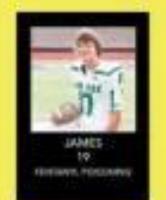




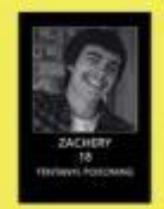








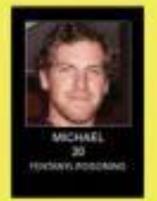




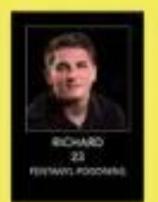


















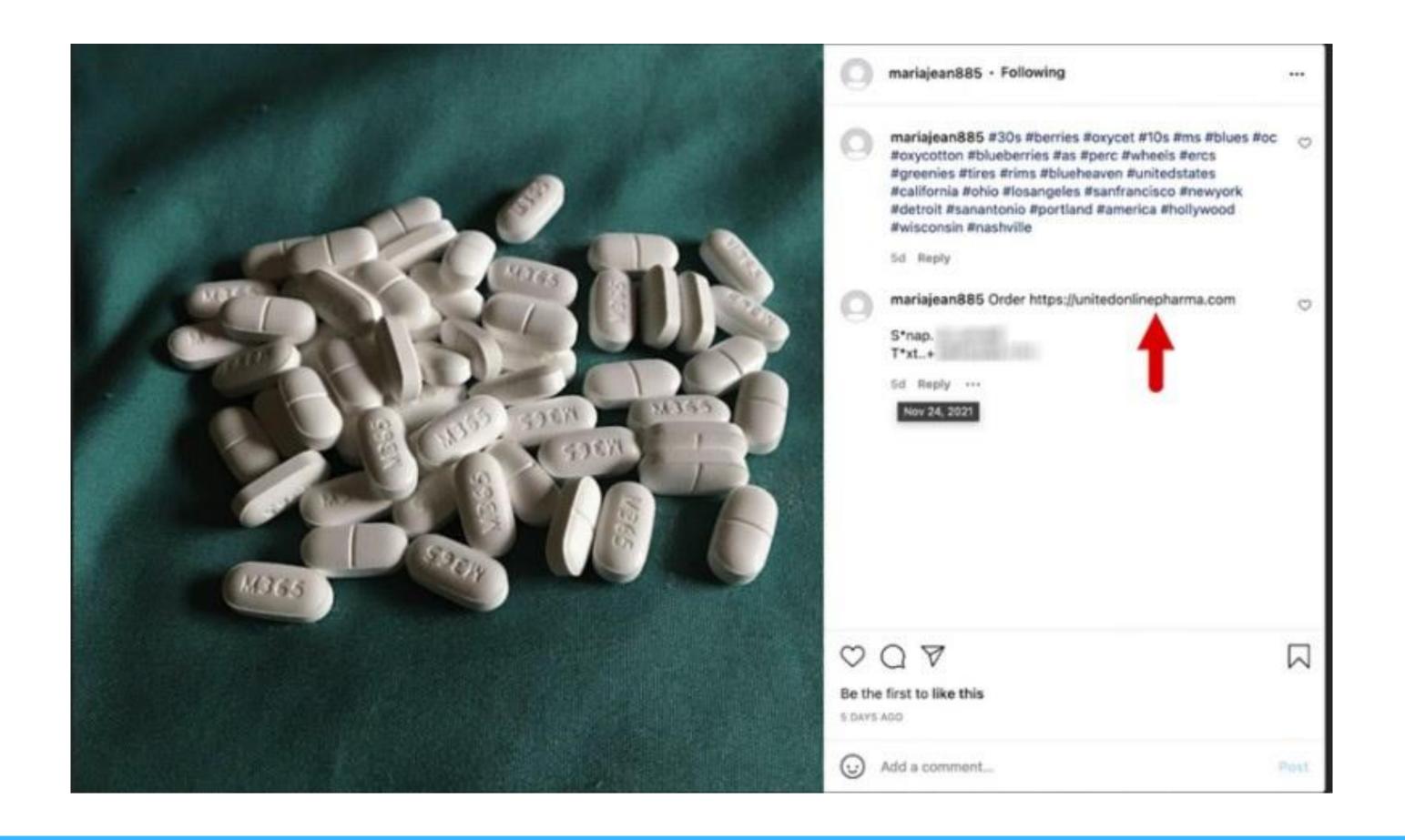




# About Instagram

Instagram allows users to edit and upload photos and short videos through a mobile app. Users can add a caption to each of their posts and use hashtags and location-based geotags to index these posts and make them searchable by other users within the app.









#### **About TikTok**

- Allows users to Share and discover short videos.
- The app is used by young people as an outlet to express themselves through singing, dancing, comedy, and lip-syncing.
- Allows users to create videos and share them across a community.



#### The General Process

Regardless of what apps are trending among youth, the process will look similar.

Dealers Advertise



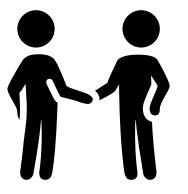


Take Payment





Meet-Up or Mail









# Social Media Apps Response to Illicit

Before Meta, TikTok and Snapchat, now have policies that ban advertising, buying or selling drugs and some have made efforts to work with law enforcement to address the issue.



# What Can We Do?



#### Common Teen Struggles or Drug Use?



#### Changes in Behavior

 secrecy, unexplained irritability, sudden change in friend group

#### Physical Signs

o appetite, poor hygiene, nosebleeds

#### Changes at School

 frequent truancy, unexplained absences, decline in grades

#### Parental Control Settings

While it can be challenging for parents to determine if changes in behavior are due to everyday stress or if it might be related to drug use, watch for these signs:

















#### **Tips for Parents**

- Keep communication lines open.
- Set clear and consistent boundaries.
- Encourage independence and responsibility.
- Provide positive reinforcement.
- Stay informed and involved.

### Carry Narcan

It's free\* safe and easy to use.









## Dispose of Your Pills SAFELY



#### Visit wnycdc.org

To see locations nearest to you.



Above all, we must always remember that a...

#### Substance Use Disorder

is a disease that requires lifelong care and there is no cure.









Please take a moment to help us improve!





**Contact Us** 

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www.ked.org