

"Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters"  
-Amy Leigh Mercree



**Let us help!**

**Call us:**  
**(716)858-8526**

**E-mail us:**  
**caregiver@erie.gov**

**Website:**  
**www3.erie.gov/  
seniorservices/**



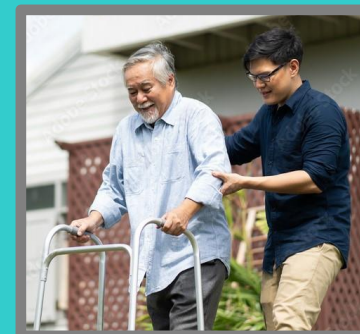
**Mark C.  
Poloncarz**  
County Executive

**Randy Hoak**  
Commissioner

**Erie County Department of Senior Services**  
95 Franklin Street 13th Floor  
Buffalo, NY 14202

*The Administration on Aging, New York State Office for the Aging, The Alzheimer's Association, and The New York State Department of Health help bring these key programs to our community*

**Helping an  
aging family  
member or  
friend?**



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**Erie County Department  
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## Caregivers: Who are they?

A caregiver is a person that assists another individual with tasks and functions that are necessary for daily life. The person helping may be a family member, a friend, or a neighbor. The assistance provided may be housekeeping, shopping, personal care, preparing a meal, or even a ride.

## Respite: What is it?

Respite is a short period of rest or relief from your caregiving responsibilities.

## Not sure where to start? Try Options Counseling.

Need information on what services are available for a family member or friend you are caring for? Need information on how to obtain those services? Contact a Certified Case Manager in our NY Connects team for a Options Counseling. Options Counseling is a non-biased process where you are provided all options for care so you can make an informed decision that aligns with you and your loved ones preferences, strengths, values, and needs.

Call NY Connects at (716)858-8526



## Caring for someone with memory loss?

Alzheimer's Disease Caregiver Support Initiative (ADC SI)

Erie County Senior Services has a grant partnership with the Alzheimer's Association where we can provide supportive services to caregivers who are caring for someone with Alzheimer's Disease or a memory loss diagnosis.

Supportive Services Include:

### Care Consultations

A Caregiver Support Case Manager will provide a caregiver assessment that is tailored to each caregiver's situation and develop a care plan to address concerns.

### Short term respite\*

Including non-medical home care, Social Adult Day, and overnight respite

### Safety Services\*

Door alarms, night lights, ID bracelets

### Legal Services\*

Power of Attorney and Will preparation services.

Call NY Connects at 716-858-8526 and request a referral to the Caregiver program



*\*Services limited to grant funds available*

## What services are available?

### • Non-Medical Home Care\*

Funding to provide an aide that can assist your loved one while you take a break. This funding includes consumer directed care where you can choose a friend or family member to be your loved one's aide.

### • Social Adult Day Services\*

Social Adult Day Services provide care in a supervised group setting, within the community, to older adults who are frail or have disabilities. Services include socialization activities, supervision and monitoring, and nutrition. Social Adult Day Services provide a break to caregivers as well as enriching activities for their loved one

### • Overnight Respite\*

Overnight care for your loved one, in a skilled nursing facility, so you can take a vacation or just a longer term respite.

### • Caregiver Counseling\*

Meet with a professional support counselor, at a convenient time and location, to help resolve troublesome caregiver issues

### • Information and Referral

Let our knowledgeable staff link you with additional information, supports, and programs throughout Erie County

*\*Services may be subject to a cost share*