

Am I eligible for SNAP?



SNAP helps New Yorker's buy healthy food at the grocery stores, farmer markets, corner stores, and more. **The amount you receive depends on your household income, household composition as well as other additional circumstances.**

SNAP income guidelines

Family Size	130% of monthly gross income <i>(no older adults, disabled, dependent care or earned income)</i>	150% of monthly gross earned income <i>(no older adults or disabled, and no one pays dependent care expenses)</i>	200% of monthly gross income <i>(older adults (60+) or disabled or dependent care)</i>
1	\$ 1,473	\$1,699	\$2,265
2	\$1,984	\$2,289	\$3,052
3	\$ 2,495	\$2,879	\$3,839
4	\$3,007	\$3,469	\$4,625
5	\$3,518	\$4,059	\$5,412
6	\$4,029	\$4,649	\$6,199
7	\$4,541	\$5,239	\$6,985
8	\$5,052	\$5,829	\$7,772
Each add'l member	+\$512	+590	+\$787

*Chart information is based upon SNAP standards effective October 1, 2022

Already receiving SNAP benefits? You can use your SNAP dollars to make a voluntary contribution to FeedMore WNY for your meal service.



The essential work done by FeedMore WNY is made possible by generous financial support from community members, local foundations and corporations, as well as through grants from the federal government, the New York State Department of Health and Office for the Aging, Erie County's Departments of Senior and Social Services and Niagara County's Office for the Aging. **For more information, visit feedmorewny.org.**

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Reach out today to see if you qualify!

Lauren Merriman
 SNAP Outreach Supervisor, FeedMore WNY
lmerriman@feedmorewny.org
 (716) 822-2005 x3052